

Ro-yoga

Dear all,

The Yoga room is two! I will be having another party to celebrate this momentous occasion. The theme will be 'Bollywood' and there will be an Indian buffet served from 6pm. Please dress in appropriate attire, BYOB and expect some lively entertainment!

I will need to know numbers for this party, so please RSVP as soon as you can by filling out the summer term booking form (attached) and ticking the 'yes' box if you wish to come. This will be a wonderful opportunity to get together and to meet your fellow yogis!

There will be a week off at the end of the spring term and the new term will start on the: 15th June, finishing on the 15^h August. There will then be a closure of two weeks for the summer.

I would very much appreciate it if you could get your booking forms in ASAP, as I will be away for a week and it would be nice to have a holiday where I can relax and not think about administrating bookings!

Changes to the regular schedule:

The schedule for the summer will be slightly reduced, The Wednesday 7.15pm led class will be 'on hold' for the 9 week duration. This will restart in September. I do hope that you will be able to find an alternative class if you are a Wednesday regular.

I will be extending the Wednesday 5.45pm Mysore class to two hours, so you may now arrive between 5.45pm and 6.15pm as long as you finish by 7.45pm. The Monday class will be a 'led class' for the 9 week summer block.

Please book early to avoid disappointment. With the cancellation of the Wednesday 7.15pm class, I expect all other classes to be very busy.

As always you can up to date with myself and the studio by following my blog (available from the homepage www.ro-yoga.com)

I look forward to a lovely sunny, yoga – filled summer!
Om shanti
Ro x

BOOKING FORM

Please fill out booking form below if you wish to book for the Summer term.

I enclose full payment of _____ to confirm my place.

Cash or Cheques payable to 'Rowena Warren'. Please return form to Rowena or send to 19/11 Balfour Street Edinburgh EH6 5DG
(please circle chosen course below)

Summer Schedule (9 weeks)

15th June – 15th August

Monday:	6.00 pm	Level 1
	7.15pm	led class
Tuesday:	6.00pm	Beginner
	7.00pm	Mysore
Wednesday	5.45pm	Mysore
Thursday:	6.00pm	led class*
Friday	6.00pm	Mysore
Sunday led primary series class:		
5th July, 9th August @ 11am		

Classes on the 18th, 25th June and 2nd, 9th July will be at the Drill Hall. Further to that, all classes will be at the Yoga Room.

Prices

9 week block:

£72.00/65.00 concession for the beginner's course.

All other courses are £81.00/75.00 concession.

Concessions are offered to: students, oaps, unemployed and local businesses.

Unlimited entry pass! £145.00 for the 9 week block.

This pass entitles the bearer to any ro-yoga ashtanga class, at any time, on any day – including the Sunday led primary series classes.

Name:.....

Address:.....**Tel**.....

.....**Email**.....

YES! Please put me on the list for the party at the on the 15th August

Payment by cash, cheque or balance transfer only.

Account number: 68023637

Sort code: 09-01-26

Name: Rowena Warren/ (Abbey Bank)

Outline of terms and conditions:

There will be a new page outlining terms and conditions of booking on my website.

The basic terms of booking are:

- No refunds; please do not ask as refusal may offend.
- Transfers to another course are possible in some circumstances.
- Sunday full led primary classes must be paid for separately as they are now going to be led by a different teacher. The unlimited entry pass will still cover entry these classes as well.
- 'Catch - up' (any missed classes) must be taken in the same term. In exceptional circumstances, if you rebook, I can allow catch-up classes to carry-over to the following term. This will be done at the discretion of Ro-yoga.
- Please note, all yoga classes and tuition are undertaken at your own risk if you have any medical conditions or are pregnant please seek professional medical advice from your GP, before proceeding with any classes.